

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve
Fresh, local, honest food.

Our food is free from *undesirable trans fats, sweeteners
and additives*

Our food is freshly prepared on site by professional staff
who care about quality and ingredients

We support local wherever possible...our meat comes from
*Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of
Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake
oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Spring / Summer 2024

At: **Goostrey Primary School**

April 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024						
M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2024						
M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024						
M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Spring/ Summer Menu 2024

Week 1

Week 2

MONDAY

Vegetarian Sausage
Roll with Creamed
Potatoes & Veg (v)

Fruity Vegetarian
Curry with Rice &
Cous Cous (v)

Orange Cookie,
Yogurt or Seasonal
Fruit Platter

TUESDAY

Spaghetti Bolognese
with Garlic Bread (v)

Jacket Potato with a
Choice of Filling/s (v)

Chocolate Penny
Biscuits or Seasonal
Fruit Platter

WEDNESDAY

All Day Breakfast

Plant Friendly All Day
Breakfast (v)

Ice Cream & Fruit
Coulis or Seasonal
Fruit Platter

THURSDAY

Southern Style
Chicken with Potato
Wedges & Salad

Ploughman's Toastie
with Veg Sticks (v)

Carrot & Pineapple
Cake or Seasonal
Fruit Platter

FRIDAY

Fish Fingers with
Chips & Baked Beans
or Peas

H/M Vegetable
Fingers with Chips &
Peas or Beans (v)

Chocolate Crunch
Finger & Fruit Chunk
or Seasonal Fruit

MONDAY

Homemade Pizza
with Paprika
Potatoes & Veg (v)

Roasted Vegetable
Lasagne with Garlic
Bread (v)

Melting Moments,
Yogurt or Seasonal
Fruit Platter

TUESDAY

BBQ Pulled Pork in a
Soft Tortilla Boat
with Rice

Ravioli in a
Homemade Tomato
Sauce (v)

Tangy Lemon Cake or
Seasonal Fruit Platter

WEDNESDAY

Roast Chicken,
Stuffing, Potatoes,
Vegetables & Gravy

Quorn Fillet, Stuffing,
Potatoes, Vegetables
& Gravy (v)

Fruit Oatie Finger or
Seasonal Fruit Platter

THURSDAY

Hunters Chicken with
Sauté Potatoes

Jacket Potato with a
Choice of Filling/s (v)

Shortbread Finger &
Fruit Chunk or
Seasonal Fruit Platter

FRIDAY

Breaded Fish Star
with Chips & Baked
Beans or Peas

Vegetarian BBQ
Wrap with Chips &
Beans or Peas (v)

Summer Fruit
Flapjack or Seasonal
Fruit Platter