ALLERGEN CONTENT CHART - Menu B

Menu item/Product	Milk	Eggs	Peanuts	Tree Nuts	Cereals	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Soya	Lupin	Sulphites	May contain traces
Quorn Lasagne (recipe P12/17(P)	>	>			✓ Wheat Barley							~			
Garlic Bread	~				✓ Wheat							~			
(recipe P1/9B) Saute Potatoes												✓ in oil			
Chicken Casserole												▼ III OII			
(recipe P7/01AP)															
Tomato Bread (recipe P1/9T)					✓ Wheat										Milk
Cheesy Pasta (recipe P12/39	~				✓ Wheat										Eggs
Tomato Pasta (recipe P9/05AB)					✓ Wheat										Eggs
Crunchy Bake Fish (recipe P3/18 P)		~			✓ Wheat		~								Celery Milk Mustard Soya
BBQ Pork Loin (recipe P4/41(P)															Nuts Peanuts
Savoury Potatoes (recipe P8/10A										~					Wheat Eggs Milk
Mini Omelettes (recipe P12/95)		~													
Cottage Pie (recipe P4/03(P)	~														Wheat
Vegetarian Sausage Roll (recipe P12/FF13)					✓ Wheat										
Creamed Potato (recipe P8/24)	•														
Gravy (recipe P5/04A)															
Bread Roll (recipe P1/01C)					✓ Wheat							~			Eggs Milk Sesame
Brown Bread Roll					✓ Wheat							~			Milk
Fish Fingers Recipe P3/FF10					✓ Wheat		~								
Fish Goujons					✓ Wheat		*								

Menu Item/Product	Milk	Eggs	Peanuts	Tree nuts	Cereals	Sesame	Fish	Crustaceans	Molluscs	Celery	Mustard	Soya	Lupin	Sulphites	May Contain
Gluten Free Fish							>				~				
Fingers															
Chips (recipe P8/02A)												✓ In oil			
Wrap (recipe P1/0015)					✓ Wheat										
Pizza (recipe P12/46A	~				✓ Wheat							~			
Ham & Pineapple	~				✓ Wheat							→			
Pizza Tuna & Sweetcorn	y				✓ Wheat		>					~			
Pizza Quorn Wrap) 4 MM: 4										Milk
(recipe P12/85(P)		_			✓ Wheat										WIIK
Jacket Wedges (recipe P8/FF2)												✓ In oil			
Chicken Pie (recipe P7/08(P)	~				✓ Wheat										
Salmon & Sweet					✓ Wheat		>								
Potato Fishcake (recipe P3/FF16					v milout		·								
Herbed Potatoes (recipe P8/10)															
Roast Beef															
Gravy (recipe P5/04A)															
Cheese & Onion Flan (recipe P12/03)	~	~			✓ Wheat										Lupin Mustard Soya
Roast Potatoes (recipe P8/25)												✓ in oil			
Chicken Korma (recipe P7/18A(P)	~				✓ Wheat						~	~		~	Nuts Peanuts Sesame
Quorn Korma (recipe P12/33(P)	~	~			✓ Wheat						~	~		~	Nuts Peanuts Sesame
Rice & Cous Cous (recipe P8/07C)					✓ Wheat		_			~		✓ in oil			
Naan Bread (recipe P1/0012)	~				✓ Wheat										

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Quorn Sausage (recipe P12/FF12)	~	>			✓ Wheat Barley										
Scramble Egg (recipe P12/08	~	>													
Hash Browns (recipe P8/FF6)															
Tomatoes (recipe P11/14															
Baked Beans (recipe P11/01)															
Pork Sausage Littlers					✓ Wheat					>				~	
Pork Sausage Barrows					✓ Wheat					>				~	
Pork Sausage Quality Cuts					✓ Wheat					*				~	