

Our commitment to you.....

Our "Food For Life Served Here" menu means we serve
Fresh, local, honest food.

Our food is free from *undesirable trans fats, sweeteners
and additives*

Our food is freshly prepared on site by professional staff
who care about quality and ingredients

We support local wherever possible...our meat comes from
*Quality Cuts of Sandbach, Littler's of Sandiway and Barrows
of Bollington*

We use free range eggs, organic yogurt, organic Mornflake
oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE
RIGHT INGREDIENTS

Fresh Catering

Autumn/ Winter 2023-24

At: **Goostrey Primary School**

November 2023						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Autumn/ Winter Menu 2023-24

Week 1

Week 2

MONDAY

Ravioli with a
Homemade Arrabiata
Sauce (v)

Jacket Potato with a
Choice of Filling/s (v)

Lemon Bites, Yogurt
or Fresh Fruit Platter

TUESDAY

Butchers Sausage All
Day Breakfast

Plant Friendly Sausage
All Day Breakfast (v)

Steamed Pear, Peach
& Sultana Sponge
with Custard or Fruit

WEDNESDAY

Gammon & Pineapple
with Potatoes, Carrots,
Peas & Gravy

Quorn Fillet with
Roast & Mash Potato,
Carrots, Peas & Gravy

Chocolate Crunch
Finger with Fruit
Chunk or Fresh Fruit

THURSDAY

Chicken Pie with
Homemade Bread

Vegetarian Sausage
Roll with Potatoes &
Vegetables (v)

Fruit Crumble &
Custard or Fresh Fruit
Platter

FRIDAY

Fish Fingers with Chips
and Peas or Baked
Beans

Texan Quorn Tortilla
Boat with Chips (v)

Banana & Chocolate
Muffin or Fresh Fruit
Platter

MONDAY

Homemade Cheese &
Tomato Pizza with
Rice & Pasta Salad (v)

Omelette with Rice &
Pasta Salad (v)

Shortbread Finger
with Fruit Chunk,
Yogurt or Fresh Fruit

TUESDAY

Spaghetti Bolognese
with Garlic Bread

Jacket Potato with a
Choice of Filling/s (v)

Berry Buns or Fresh
Fruit Platter

WEDNESDAY

Roast Pork, Apple Sce,
Stuffing, Potatoes,
Vegetables & Gravy

Quorn Fillet with
Roast & Mash Potato,
Vegetables & Gravy (v)

Oat & Sultana
Cookie or Fresh Fruit
Platter

THURSDAY

Chicken Korma with
Rice & Cous Cous

Five Bean Chilli with
Rice (v)

Apple & Banana
Cake or Fresh Fruit
Platter

FRIDAY

Fish Portion with
Chips and Peas or
Baked Beans

Mexican Style Burrito
with Chips or Filled
Jacket Potato (v)

Chocolate Surprise
Sponge & Chocolate
Sauce or Fresh Fruit